Dr. Christopher's Original Anti-Plague Formula

8 oz. Comfrey Leaf, cut, not powdered
8 oz. Mullein Leaf, cut
4 oz. White Oak Bark, cut
4 oz. Marshmallow Root, cut
4 oz. Black Walnut, cut
4 oz. Scull Cap, cut (process these together)
4 oz. Gravel Root, cut
4 oz. Lobelia, cut (process these together)
4 oz. Wormwood, cut

5 pounds of peeled or unpeeled, whole garlic cloves, minced (put in blender- peas size, not pureed)

2 Quarts Raw Apple Cider Vinegar
1 Gallon Raw Apple Cider Vinegar

1 Gallon Vegetable Glycerin

6 Cups Honey, Raw

7 Gallons Distilled Water

KEEP OUT OF SUN

1st Day: Put 4 large handfuls of garlic in blender and cover with 1 cup of apple cider vinegar (acv) & chop quickly to get the pea size chunks. DO NOT PUREE. Repeat until all garlic and 2 quarts of (acv) is processed in blender. Place in gallon jar for four days with a lid that allows airflow. Stir once a day using a wooden spoon. Because of the strong odor, you will want to keep this outside or in the storage room. On the fourth day, strain and wring garlic juice thoroughly through a cloth, I use muslin. Keep the juice & discard the dry pulp. I compost it. To this garlic mixture, add 1 gallon (acv), honey, glycerin and stir with a wooden spoon.

3rd Night: Add 64 oz. Distilled water to each of the herbs. You will need 7gallon glass jars to do this as each one is processed separately, except the herbs listed above that can be processed together. Soak herbs and distilled water overnight.

4th Day: Using glass or stainless steel cookware, boil each herb with water mixture separately on medium-high heat 15 minutes. Then simmer each mixture 15 minutes. Strain off liquid and pour into garlic mixture. Stir with wooden spoon. Cover herbs with another 64 oz. distilled water and repeat the boiling-simmering process one more time. After processing the herbs the second time, strain off liquid into garlic mixture and discard the herbs.

This Anti-Plague formula needs no refrigeration.

Suggested Use:
*Maintenance:

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<tr>
<th></th>
<th>Adults</th>
<th>Children (8-12)</th>
<th>Children (3-7)</th>
<th>Children (1-2)</th>
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<tbody>
<tr>
<td>Maintenance</td>
<td>1 T per day</td>
<td>2 tsp per day</td>
<td>1 tsp per day</td>
<td>½ tsp per day</td>
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Acute Symptoms:

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Shake well before each use.

Store in dark, cool place. “Mother” may accumulate at the top of the bottle. This is normal because of the cider vinegar it contains. Do not remove it. Shaking the bottle well before each use will take care of the “mother”.

*This product contains Comfrey. FDA warns prolonged use of Comfrey could cause liver damage. Some herbalists disagree.